

Camper Eligibility

Children ages 6-12 with ADHD, oppositional disorders, aggression, learning issues and the social challenges caused by high-functioning Autism/Asperger's syndrome may be eligible to attend Camp STAR. An initial screening will be conducted to determine if campers will benefit from Camp STAR and to establish behavioral, social, and academic goals for each child.

Staff

Francesca Skowronski, Ph.D. is a Visiting Assistant Professor in the Department of Psychiatry at UIC. She directs the psychosocial treatment program of the Hyperactivity, Attention, and Learning Problems Clinic (HALP).

Mark A. Stein, Ph.D. is a Professor in the Department of Psychiatry and Pediatrics at UIC. Dr. Stein is Director of the HALP Clinic and ADHD Clinical Research Program. He has specialized in ADHD for more than 25 years.

Elizabeth Charney, M.D. is a board certified Child and Adolescent Psychiatrist from the HALP Clinic at UIC.

Alan I. Rosenblatt, M.D. is a Developmental Pediatrician, Board Certified in both Pediatrics and Neurodevelopmental Disabilities by the American Board of Pediatrics and the American Board of Psychiatry and Neurology.

Brenda Weitzberg is Director of North Shore Operations for JCYS. She has a post-graduate degree in Administration of Early Childhood Programs and more than 30 years experience in early childhood camping and intervention.

Amy Shimoni, MEd. is Child and Family Development Specialist at the JCYS George W. Lutz Family Center. She is certified in Developmental Therapy and Early Childhood Special Education.

Johanna Sievers is Director of JCYS North Shore Day Camp and has more than 20 years experience in teaching and the administration of early childhood and camp programs.

Allison Zoromski is a Research Coordinator at the ADHD Research Program at UIC. She worked as a counselor at the NYU Child Study Center Summer Treatment Program for two years.

Counselors and Teachers

Camp STAR counselors are undergraduate and graduate students typically completing coursework in psychology, education, or other mental health fields. The academic learning, art, and computer centers are led by educational specialists. After intensive training in behavioral and psychosocial treatment, counselors and teachers continue to receive regular on-site supervision from doctoral level psychologists throughout the summer.

CAMP STAR
800 Clavey Road
Highland Park, IL 60035



Summer Treatment for ADHD and Related Issues



A collaboration between the Institute for Juvenile Research at University of Illinois at Chicago (UIC) and JCYS North Shore Day Camp to provide state-of-the-art treatment to children with Attention Deficit/Hyperactivity Disorder (ADHD), and other behavioral and social difficulties.

UIC University of Illinois
at Chicago



A Unique and Effective Program

Camp STAR is Chicagoland's only evidence-based therapeutic program where children learn to manage behavioral, emotional, social, and learning issues. In addition to fun, recreational activities, this unique seven-week day camp will help children learn invaluable skills including:

Social behavior	Self-esteem
Following rules	Anger Management
Friendship skills	Academic aptitude
Problem-solving skills	Sports competence

Camp STAR's carefully structured day provides opportunities for success to children who have difficulty paying attention, staying organized, following directions and coping with frustration, in a camp setting.

UIC's treatment specialists partner with JCYS' camp experts to create a meaningful and memorable summer experience. Campers enjoy the daily recreation of team sports and swimming, while learning the rules and building athletic skills. Led by a teacher, children play educational computer games, express creativity through arts and crafts, and attend the Academic Learning Center each day.

Campers stay in the same groups of 12-15 kids each day, where they can foster friendships and develop teamwork. Our 1-to-2 staff-to-camper ratio allows us to consistently monitor and modify if necessary each child's treatment plan.

**Call Dr. Skowronski at (312) 996-6923
or visit www.jcys.org/campstar.**



The program includes the following Multi-Modal Treatments:

Point/Token Economy System

Social Skills Training

**Counselor-Directed Group Problem and
1-on-1 Problem Solving Discussions**

Sports Skills Development

Time Out

Daily Report Cards

Individualized Reward Programs

**Rewards Based On Daily
And Weekly Progress**

Weekly Parent Training

Parent Training

Parents are encouraged to attend weekly group training sessions during the course of the camp. Explanations and demonstrations of the behavioral management techniques used in camp will enable parents to extend the gains made by their child to the home environment. Parents will learn strategies to improve compliance and foster independence and positive self-esteem in their children. Sessions are led by our clinical staff and lead counselors.

Camp Dates: Mon-Fri., June 16 - Aug. 1, 2008
Camp Times: 8:00 am—4:00 pm
**Address: Wayne Thomas School, 2939
Summit Avenue, Highland Park, IL**

**Camp STAR is a private camp and
collaboration between UIC and JCYS.
It is not affiliated with District 112.**

Optional Medical Assessments

Camp STAR provides an ideal setting to assess the efficacy and dosing of medication. We will use counselor observations of the child's behavior in social, academic, and recreational settings, classroom benchmarks of productivity and accuracy, rate of compliance with staff requests, as well as rating scales from parents and teachers to make a comprehensive medication evaluation. We will look for possible side effects by monitoring social interactions with peers, food intake and child's self concept. A report outlining the child's response to medication and our recommendations for future medical management can be sent to parents and physicians. Dr. Charney and Dr. Rosenblatt will be on hand to do medication evaluations.

After-Camp Support and Services

After the summer, parents receive a comprehensive report detailing their child's progress and behavioral strategies that were most effective. Parents and children are encouraged to attend periodic group training booster-sessions to maintain treatment gains and to provide support and school consultation as needed.

A summer at Camp STAR will help your child achieve the following goals:

- ★ Increased social awareness and problem-solving skills necessary to maintain positive relationships.
- ★ Enhanced confidence and self-esteem in the classroom, on the athletic field, and during peer interactions.
- ★ Willingness to attend to instructions given at home and in school settings and to complete tasks independently.